

Panagiotou Anna

Curriculum Vitae

April 2024

1. PERSONAL DETAILS

NAME: Panagiotou Anna

PROFESSION: Anesthesiologist

DATE OF BIRTH: 15th February 1986

NATIONALITY: Greek

PERSONAL ADDRESS: 67 Artotinis Str
(Permanent) 16231, Vyronas
Greece

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2. PERSONAL STATEMENT

Anesthesiology consultant in Gennimatas General Hospital interested in patient safety and quality, airway, neuroanaesthesia, hemodynamic monitoring, advisory monitoring and new best practices in everyday medicine. Also, interested and experienced in minimal invasive procedures, geriatric patients and technology.

Have demonstrated ability to perform under heavy workload conditions in various specialties and emergencies. Has shown a spirit of cooperation with the rest of the medical and nursing staff.

Interested in advanced life support algorithms and continuously, improving the quality of life of patients combining medicine with technology and A.I.

3. EDUCATION

Hellenic Anaesthesia Boards certificate January 2019

Phd Candidate
University of Western Attica
'A.I. in Medical Diagnosis'

Master's Course in "Resuscitation"
National and Kapodistrian University of Athens
School of Medicine (8. 53/10)
November 2014 - March 2018

Master's in Science Dissertation
"Measurement of cardiac biomarkers in open lobectomies : comparison of combined thoracic epidural anesthesia with general anesthesia versus general anesthesia"

November 2016 - January 2018

Degree in Medicine,
National and Kapodistrian University of Athens
School of Medicine (7. 11/10)
February 2012

3. AWARDS & INTERNSHIPS

Pulmonary myeloid dendritic from chronic obstructive pulmonary disease patients suppress lung immune responses through induction of regulatory T cells.
M Tsoumakidou, E Litsiou, S. Tousa, N Panagiotou, A Panagiotou, M Konstantinou, K Potaris, C Roussos, G Xanthou, S Zakynthinos.

Best Poster in COPD award.
European Respiratory Society Congress 2011

The roles of canonical and non-canonical Wntless-type (Wnt) signalling pathways in non-small cell lung cancer escape from immunosurveillance mechanisms.

Clinical research award.
Hellenic Thoracic Society, 2013

Helmsic medical student exchange internship in Dermatology

La Fe Hospital, Valencia
July 2010

4. PROJECTS & TEACHING EXPERIENCE

Participated in the educational programme of the Anesthesiology Departments of Evaggelismos General Hospital and Gennimatas General Hospital.

Among others presentations:

'Use of dexmedetomidine outside the OR'

'In hospital Advanced Life Support, Refreshment Course'

'Thromboelastography'

'Polytrauma Patient and massive transfusion protocols'

'Cell saver'

Athens - Greece, January 2014 - Present

Supervising pre-med US students during Atlantis clinical shadowing fellowship in Anaesthesia Anaesthesiology Department of Evaggelismos General Hospital, Athens, Greece, June - July 2016

'Reactions to b-lactam antibiotics'.

Literature review presentation,

Educational programme of the First Department of Critical Care
National and Kapodistrian University of Athens, November 2017

Supervising medical students during their clerkship in Intensive Care

First Department of Critical Care

National and Kapodistrian University of Athens, Greece,
June 2017 - November 2017

Instructor in ALS course,

European Resuscitation Council (ERC),

Hellenic Society of Cardiopulmonary Resuscitation,
Athens, Greece

11-12/11/2017
02-03/12/2017
30-31/06/2018
20-21/10/2018
26-27/9/2020

Speaker:
'Monitoring in Neuroanaesthesia'
Epnee Evangelismos Hospital Congress
February 2019

Speaker:
'Anesthesiology management of patients with covid-19 in the operating room'
Anna Panagiotou
31st Panhellenic Congress of Perioperative Nursing, September 2020

Speaker:
'Advisory Display Monitors'
Anna Panagiotou
"Anesthesiology station: from basic anatomy to mechanical ventilation models" Clinical course
(Webinar due to Covid 2019)
Hellenic Society of Anaesthesiology, January 2021

Speaker
'Cell saver in elective surgery'
Anna Panagiotou
24th Panhellenic Congress of Anesthesiology,
Porto Heli, October 2021

Speaker:
'ERAS protocols in cardiac surgery'
Anna Panagiotou
'Anesthesia for cardiac surgery' Clinical course
(Webinar due to Covid 2019)
Hellenic Society of Anaesthesiology, January 2022

Speaker and instructor
'Basic airway techniques'
'Basic airway training day'
Anna Panagiotou
Continuous education programme of GHA Gennimatas, September 2022

Speaker
'Drugs in acute and chronic pain'
Anna Panagiotou,
Continuous education programme of GHA Gennimatas, February 2023

5. RESEARCH EXPERIENCE

I have worked voluntarily as a researcher at the Applied Biomedical Research and Training Center "Marianthi Simou" and "George P. Livanos" Laboratory (Thorax Institute), a non-profit organization which operates under the supervision of the First Department of Pulmonary and Critical Care Medicine of the Medical School, Athens University, since 2009 up to 2014. I have been trained in performing in vitro immunologic assays using human samples (blood, lung tissue). Part of my work has been presented and awarded at international congresses. Furthermore, partly based on my data a manuscript has been published.

6. PUBLICATIONS AND PRESENTATIONS

M Tsoumakidou, P Panagiotou, A Panagiotou, C Roussos, G Xanthou, S Zakyntinos.
Pulmonary myeloid dendritic cell numbers, phenotype and response to lipopolysaccharide in patients with chronic obstructive pulmonary disease.
European Respiratory Society Congress,
Barcelona, Spain, September 2010

M. Tsoumakidou, S. Tousa, E. Litsiou, N. Panagiotou, A. Panagiotou, M. Konstantinou, K. Potaris, C. Roussos, G. Xanthou and S. Zakyntinos.
Pulmonary Dendritic Cells from Chronic Obstructive Pulmonary Disease Patients Suppress Lung Immune Responses Through Induction of Regulatory T cells.
15th State-of-the-Art. Interdisciplinary Review Course on. Pulmonary Diseases, Critical Care, Emergency Medicine & Nursing Care, Athens, Greece, April 2011

M Tsoumakidou, E Litsiou, S Tousa, P Panagiotou, A Panagiotou, M Konstantinou, K Potaris, C Roussos, G Xanthou, S Zakyntinos.
Pulmonary myeloid dendritic from chronic obstructive pulmonary disease patients suppress lung immune responses through induction of regulatory T cells.
European Respiratory Society Congress,
Amsterdam, The Netherlands, September 2011 (Best Poster award)

M Tsoumakidou, S Tsousa, M Semitekolou, P Panagiotou, A Panagiotou, E Litsiou, I Morianos, M Konstantinou, K Potaris, S Zakyntinos, G Xanthou.
Lung dendritic cells from chronic obstructive pulmonary disease patients induce type 1 T regulatory cells.
European Respiratory Society Congress,
Vienna, Austria, September 2012

A Panagiotou, A Louka, C Romana.
Hospital Cardiopulmonary resuscitation. Case report of a cardiac arrest at patient with ventricular tachycardia that fell in PEA.
Cardiopulmonary Resuscitation Congress,
Athens, Greece October - November 2014

Tsoumakidou M, Tousa S, Semitekolou M, Panagiotou P, Panagiotou A, Morianos I, Litsiou E, Trochoutsou AI, Konstantinou M, Potaris K, Footitt J, Mallia P, Zakyntinos S, Johnston SL, Xanthou G. (2014)
Tolerogenic signaling by pulmonary CD1c+ dendritic cells induces regulatory T cells in patients with chronic obstructive pulmonary disease by IL-27/IL-10/inducible costimulator ligand.
J Allergy Clin Immunol. 2014 Oct;134(4):944-954.e8. doi: 10.1016/j.jaci.2014.05.045.

V Karavana, G Kazamias, A Panagiotou, A Louka, D Kerdidani, K Antonogiannaki, V Filaditaki, C Roussos, D Rontogianni, S Zakyntinos, F Diamantea, M Tsoumakidou.
'Immunoglobulin-like transcripts (ILTs) expression in human lung adenocarcinoma as a novel regulator of intratumoral lymphoid follicle formation.'
European Respiratory Society Congress,
Amsterdam, The Netherlands, September 2015

A Louka, A Panagiotou, I Skondra, C Romana.
'General anesthesia given to patient with FSHMD'
21nd Greek National conference of anaesthesiology,
Ioannina, Greece, April 2015

E Dramitinou, E Athanasiadi, D Mantoudis, M Panoutsopoulou, S Sarhosi, A Panagiotou, A Louka, A Papadogoulas, C Romana.
'Volume-controlled versus pressure-controlled ventilation-volume guaranteed mode during one-lung ventilation.'
21nd Greek National conference of anaesthesiology,
Ioannina, Greece, April 2015

A Panagiotou, M Mikrovasili, E Partsinevelou, C Romana.
'Elective surgery on patient with behavioral variant frontotemporal dementia (bvFTD) under BIS monitoring'

14th congress of Northern Greece Anaesthesia & Intensive Care Society
Thessaloniki, Greece, September 2016

S Giannaraki, A Panagiotou, A Poupalou, C Romana
'Management of major trauma car accident victim with acute alcohol intoxication'

22nd Greek National conference of anaesthesiology,
Athens, Greece, March-April 2017

A Panagiotou, Karydi K, Louka A, Plessia E
"Postpartum aortic dissection in a patient with unknown Marfan's syndrome"

22nd Greek National conference of anaesthesiology,
Athens, Greece, March - April 2017

A Panagiotou, P Ftikos, M Mis, A Louka, I Lasithiotaki, S Labrakaki , V Katsiaoni , C Romana

'Anesthesia approach of patients undergoing craniotomy for tumor removal with intraoperative awakening'

22nd Greek National conference of anaesthesiology, Athens- Greece, March-April 2017

Dimitra Kerdidani, Georgios Kazamias, Rocanin-Arjo Ares, Anna Panagiotou, Aggeliki Louka, Vassiliki Karavana, Kostantinos Potaris, Ioannis Kalomenidis, Vassili Soumelis, George Kollias and Maria Tsoumakidou.

Targeting WNT1 to unleash dendritic cell immunity in non-small cell lung cancer

6th Summer School of Immunology,
Porto Heli, Greece, May 2017

Dimitra Kerdidani, Georgios Kazamias, Rocanin-Arjo Ares, Panagiotis Chouvardas, Anna Panagiotou, Aggeliki Louka, Vassiliki Karavana, Kostantinos Potaris, Ioannis Kalomenidis, Vassili Soumelis, Spyros Zakynthinos, George Kollias and Maria Tsoumakidou.

'In vivo siRNA knockdown of WNT1 rescues dendritic cells from b-catenin activation and sensitizes tumors to vaccination'

Third CRI-CIMT-EATI-AACR International Cancer Immunotherapy Conference: Translating Science into Survival Mainz/Frankfurt, Germany, September 2017

Styliani Giannaraki, Anna Panagiotou, Angeliki Louka, John Kokotsakis, Pantelis Tsipas, Constantina Romana

'Anaesthetic management of a patient with Osler-Weber-Rendu syndrome undergoing mitral valve replacement'

15th congress of Northern Greece Anaesthesia & Intensive Care Society
Thessaloniki, Greece, September 2018

Panagiotou A, Giannaraki S, Katralis P., Romana C, Lapatsanis D

'Perioperative subclinical myocardial injury in bariatric surgery : a retrospective analysis'

23rd International Federation For The Surgery of Obesity and Metabolic Disorders(IFSO)
Dubai, United Arab Emirates, September 2018

Louka Angeliki, Panagiotou Anna, Fafli Christina

'Presentation of anesthesiological management of a patient with chronic renal failure and heparin allergy who underwent surgical mitral valve replacement'

23rd Panhellenic Congress of Anesthesiology, Patrai, May 2019

Louka Angeliki, Poupalou Anna, Kirki Fani, Ouranis Panagiotis, Mougouli Theodora, Kefala Feroniki, Siarkos Ilias, Panagiotou Anna, Romana Kon / na

'Effect of dexmedetomidine and remifentanyl in patients undergoing transsphenoidal pituitary adenoma resection'

23rd Panhellenic Congress of Anesthesiology, Patrai, May 2019

Roidi Dimitra, Panagiotou Anna

'Asystole associated with overstretching of a patient's bladder before cardiac surgery'

23rd Panhellenic Congress of Anesthesiology, Patrai, May 2019

A. Panagiotou, A. Tsaroucha, A. Chalkias, S. Giannaraki, C. Romana

'Measurement of cardiac biomarkers in open lobectomies: comparison of combined thoracic epidural anesthesia with general anesthesia to general anesthesia alone'

34th EACTA Annual Congress 2019, Ghent, Belgium, September 2019

Schizas N, F. Rorris, K. Papakonstantinou, I. Samiotis, V. Patris, N. Tyrovola, E. Nikoli, A. Panagiotou, M. Argyriou, Chr. Charitos

'The effect of postoperative thrombocytopenia after aortic valve replacement. comparison between perceval-s and crown prtn.'

13th Panhellenic Congress of the Hellenic Society of Thoracic and Cardiovascular Surgeons, Athens, November 2020

Panagiotou A., Mis M., Varvaridi I., Romana C

'Association of dexmedetomidine and perioperative stress in geriatric patients.'

Panhellenic Conference on Regional Anesthesia, Pain Treatment & Palliative Care, Crete Greece, September 2021

Panagiotou A., Lapatsanis D., Varvaridi I., Chatzimoshou A, Romana C.

'The importance of Body Mass Index and Gender on hs-cTnT fluctuation in Bariatric Surgery'

17th World Congress of Anaesthesiologists, Prague, September 2021

Panagiotou A. , Triantafyllou C., Romana C.

Anesthetic management of a patient with myasthenia gravis in spinal surgery

24th Panhellenic Congress of Anesthesiology,
Porto Heli, October 2021

Karantoula D, Romana C, Panagiotou A.

Anesthetic Management of a Patient with a Laryngeal cancer for Percutaneous Aortic Valve Replacement (TAVI)

24th Panhellenic Congress of Anesthesiology,
Porto Heli, October 2021

Vaiopoulos A, Panagiotou A, Mavrommati E., Liverakou E. , Romana C.

Perioperative management of a patient with intrabronchial alveolar echinococcosis

24th Panhellenic Congress of Anesthesiology,
Porto Heli, October 2021

Archonta A, Panagiotou A

Anesthetic management of patient with homocysteinemia in total knee arthroplasty

25th Panhellenic Congress of Anesthesiology,
Corfu, May 2023

7. CONTINUOUS MEDICAL EDUCATION, CONFERENCES & COURSES

Educational Programme for anesthesiologists in monthly basis

'Aretaieion' University Hospital

Athens, Greece, January 2014 up to present

Hellenic society of anaesthesiology

ESAIC Webinars

2014 - up to present
ESAIC

Perioperative approach of the multiple trauma patient

Hellenic society of anaesthesiology
Athens, Greece, January 2014

Perioperative approach of patients with endocrine gland diseases - perioperative approach of the transplanted patient

Hellenic society of anaesthesiology
Athens, Greece, February 2014

Pain and medical acupuncture

Congress Course
13th congress of Northern Greece Anaesthesia & Intensive Care Society
Thessaloniki, Greece, September 2014

Perioperative cardiac ultrasound: Basics

Congress Course
13th congress of Northern Greece Anaesthesia & Intensive Care Society
Thessaloniki, Greece, September 2014

Perioperative cardiac ultrasound: Basics II

Congress Course
13th congress of Northern Greece Anaesthesia & Intensive Care Society
Thessaloniki, Greece, September 2014

13th congress of Northern Greece Anaesthesia & Intensive Care Society
Thessaloniki, Greece, September 2014

Master's Degree in "Resuscitation"

National and Kapodistrian University of Athens
November 2014 - March 2018

21st Greek National conference of anaesthesiology, Ioannina - Greece, April 2015

ALS - Advance Life Support, European Resuscitation Council (ERC),
Athens, Greece, April 2016

Perioperative cardiac ultrasound II

Congress symposium
14th congress of Northern Greece Anaesthesia & Intensive Care Society
Thessaloniki, Greece, September 2016

Trauma and accidents in children

Congress symposium
14th congress of Northern Greece Anaesthesia & Intensive Care Society
Thessaloniki, Greece, September 2016

14th congress of Northern Greece Anaesthesia & Intensive Care Society
Thessaloniki, Greece, September 2016

Postgraduate Seminars in Pneumology: Mechanical Ventilation

Hellenic Pulmonary Society
Athens, Greece, March 2017

22nd Greek National conference of anaesthesiology,
Athens, Greece, March-April 2017

GIC - The Generic Instructor Course
European Resuscitation Council (ERC),
Athens, Greece, May 2017

'The cardiac patient'
Simulation course
Anesthesiology and postoperative intensive Care Department,
Medical school, University of Ioannina
Ioannina, Greece, March 2018

EACVI Toe online tutorial course 2019

"Pain Treatment and Palliative Care".
Spring cycle webinar 2021
Hellenic Association for pain control and palliative care (HAPCPC)

LIVESC19 Marathon
European Accreditation Council for Continuing Medical Education, EACCME
Brussels, Belgium, May 2021

17th World Congress of Anaesthesiologists
Prague, Czech Republic, September 2021

Cardiac Advanced Resuscitation Education for Cardiac Surgery(CALS course)
Hellenic Society of Cardiopulmonary Resuscitation,
Athens November 2021

'Imaging and functional respiratory examinations'
Webinar
Hellenic Society of Anaesthesiology, May 2022

'Events in regional anesthesia'
Clinical Simulation Course
Hellenic Society of Anaesthesiology, May 2022

'Training and certification of health professionals in quality health care with specialization in clinical governance'
Laboratory of Finance, Administration, Health Policy and Social Protection
Department of Business Administration - Administration of Health and Welfare Units
University of West Attica,
April 2022- June 2022

NOL-BIS masterclass
Simulation course
Mainz, Germany, June 2022

CEEA Seminars
January 2021- up to today
Hellenic Society of Anaesthesiology

8. EMPLOYMENT RECORD

From : February 2022

To : Today

Employer:

National Health System of Greece, Athens

10. MEMBERSHIP IN PROFESSIONAL SOCIETIES

Athens Medical Board
Hellenic society of Anaesthesiology
European Resuscitation Council (ERC)
European Society of Anaesthesiology and Intensive Care (ESAIC)

11. COUNTRIES OF STUDYING & WORK EXPERIENCE

Greece
Spain

13. HOBBIES & INTERESTS

Camping, travelling, music concerts and festivals, film festivals, poetry enthusiast, comic-cons, meeting new people